

## BRIGHTON YOUTH WRESTLING CLUB CODE OF CONDUCT FOR PARENTS

The Brighton Youth Wrestling Club membership, board members and coaches are very proud of this organization, its wrestlers, and their accomplishments. How we conduct ourselves on and off the mat reflects on the participant, our club, and the community of Brighton. In order to maintain respect for our program, we have instituted a code of conduct and the attached club rules.

### *Parent Pledge:*

As a Brighton Youth Wrestling Club parent, I acknowledge that I am a role model and will remember that athletics are experiences for our children that provide them with positive traits to take them through life. I will always provide positive behavior, support, and encouragement, especially at the mat side. I will show respect for all other wrestlers, coaches, referees, and spectators. Physical and verbal abuse is not tolerated.

- I hereby accept responsibility of being a positive role model.
- I will not show up to practices (drop off or pick up) or any Brighton sponsored events (tournaments and banquets) under the influence of drugs or alcohol.
- I will withhold my child for any illness/injury or skin infection until he/she receives clearance from a doctor.
- I am responsible for dropping off and picking up my athlete at the designated practice time.
- I am responsible for taking, staying with, and bringing home my athlete from wrestling tournament(s).
- I will not introduce or condone any weight loss programs to any wrestler. All questions regarding weight or weight classes must be discussed with the team manager or head coach.
- I will not contact any league official about moving my wrestler into another bracket. All bracket moves must be done by the team manager or head coach.
- I will discuss any potential problems with another wrestler or coach with the team manager or head coach.

## BRIGHTON YOUTH WRESTLING CLUB CODE OF CONDUCT FOR WRESTLERS

### *Wrestlers Pledge:*

As a Brighton Youth Club wrestler, I acknowledge that I represent the Brighton Youth Wrestling Club and the local community. I understand that wrestling and other athletic activities teach me sportsmanship, self-discipline, and confidence. I understand that these are all traits that will last me a lifetime.

- I will show respect for all other wrestlers, coaches, referees, and spectators.
- I will listen and follow the directions of all coaches to the best of my ability.

- I will participate by the rules of the sport of wrestling.
- I will not become disruptive during practices, meets, or tournaments.
- I will come to practice prepared, dressed and ready to wrestle.
- I will exhibit good sportsmanship at all times and conduct myself in an appropriate manner.
- Physical and/or verbally abusive behavior is not allowed.
- Win or lose, wrestlers shake hands appropriately to congratulate their opponent.
- No horseplaying or goofing around at practice or tournaments – someone can get injured.
- I will always strive to perform at my best.
- I am a guest in the Brighton High School Wrestling room for the purpose of wrestling and therefore, I will not engage in running in the halls/corridors/locker rooms, or playing with the equipment/school facilities that are not permitted for use.

As a Brighton Youth Club wrestler, I hereby accept responsibility of being a model of good sportsmanship.

**Disciplinary Action**

I realize and understand that if I violate this Code of Conduct or the club rules and regulations, that I will be subject to disciplinary action.

- The first offense will result in a verbal warning.
- The second offense will result in a written warning.
- The third offense will result in a suspension.
- Board and head coach approval required in order to return following a suspension.

**I, as the wrestler’s parent/guardian, acknowledge and agree to these terms:**

\_\_\_\_\_ Signature \_\_\_\_\_ Date

**I, as the wrestler, acknowledge and agree to these terms:**

\_\_\_\_\_ Signature \_\_\_\_\_ Date